

Don't miss our live, in-person parenting presentation on October 4



Can We Talk?

Creating healthier relationships within your family

- Ever feel disconnected from your kids? Your spouse?
- Are screens making your kids anxious, isolated or depressed?
- Do your kids know the steps to develop healthy relationships?

Join us on October 4 to learn ways to improve family connections, set healthy boundaries and build relationships that are strong and lasting.



Tuesday, October 4

9:15 - 11:00am

14603 E. Fremont Ave., Centennial



Lauren Reitsema is VP of Strategy and Communication at the Center for Relationship Education (CRE) in Denver. She is author of *In Their Shoes*, a book dedicated to helping parents better understand and connect with children of divorce; and co-author of *Relationship Essentials*, featuring skills to help people feel heard and set boundaries in all areas of life.



Save the Date: November 1 with Emily de Sweinitz Taylor

Can't See Eye to Eye? Transform Conflict within your Family!

PIN: Informing, Inspiring and Empowering Parents for more than 45 years

Missed the live presentation? Recordings will be available at PINccsd.org