



SKY VISTA 2023 TRACK PARENT LETTER



WELCOME: Sky Vista is proud to start our 19th track season with your son and/or daughter as one of our athletes! Over the years, we have had a ton of fun, won dual meets, won grade level events at the district meet, and set district records. We have a reputation around the district as athletes who are respectful and happy, and no doubt, this will be another fantastic year!

IMPORTANT TO-DO LIST FOR STARTING THE SEASON.

Please complete/turn-in each of the following by **Thursday August 24th**:

1. **Emergency Card (On the last page)**- Parent Signature Required. Athletes cannot participate in practice or meets if not received by August 24th deadline.

2. **Athletic Fee (\$60)**- Scan the QR code with the camera on your phone or go to <https://cherrycreek.revtrak.net/middle-schools/svm/#/list>



3. **Shirt Fee (Optional- \$10)**- Scan the QR code with the camera on your phone or go to <https://cherrycreek.revtrak.net/middle-schools/svm/#/list>

****Students will be provided with a track uniform to use for the season that must be returned at end of season.*

4. **Schoology Enrollment**- Student **AND** parent must join the Schoology Group. In the “Schoology Groups” drop down, use the following Access Code and type in: **PX5M-4TNV-VPP6J**

PARTICIPATION: Students will compete according to grade and gender (6th grade boys and girls, 7th grade boys and girls, 8th grade boys and girls). Students may participate in running and/or field events. Students are eligible to participate when fees and athletic cards are turned in. For all dual meets, the guiding philosophy is participation. Every student will be able to compete in one of their top 3 chosen events at least once during the season, but please remember there are only 50 or so spots per track meet, for upwards of 40 athletes. At meets, almost all athletes will participate in either the 800m run or the mile because these are unlimited entry events.

FEE: There is a \$60 athletic fee for track. Parents may make payments through Revtrak which is located using the QR Code above or on the link below through the Sky Vista Middle School website.

<https://cherrycreek.revtrak.net/middle-schools/svm/#/list>

TRACK SAFETY: As a school and a district, we have developed a track program that emphasizes the principles of safety for all of our athletes; however, as with any sport, serious injury is a possibility. Coaches will inform and reinforce with students proper safety precautions during meets, practices, and when working with track equipment. Athletes are expected to abide by all athletic safety requirements. In this spirit, no spikes are allowed, even when the spikes are unscrewed. Runners who wear spikes will not be allowed to participate in practice or meets.

PRACTICE: Track practice will begin on August 17th and will be every Monday, Tuesday, Wednesday, and Thursday immediately after school (3:50 p.m. to 4:40 p.m.) After school buses leave at 4:45 p.m.

**** **ALL ATHLETES MUST BE PICKED UP NO LATER THAN 5 p.m.** Failure to pick up your student may result in an athlete losing participation.

When students are finished with practice, they need to leave the school grounds as soon as possible, as there is no adult supervision available beyond this time. Attendance at every practice is encouraged. If a student misses a practice he/she must have a written excuse from a parent. We will lock the locker room doors at 3:55 and head to the track.

*** **Any unexcused absence or missing two consecutive practices before a meet will cause a student to be ineligible for the meet. Students must participate in four practices before being eligible for meets.** Attendance is taken daily by coaches.

EQUIPMENT: Students should wear for meets: black shorts, SVMS track uniform, running shoes (spikes are not permitted). If a student loses or damages his/her uniform, he/she needs to pay for a replacement. Students will be using the PE locker rooms and will have 5 minutes to change and be prepared for practice. They need to bring a combination lock for their locker if they are NOT in a PE class. Students enrolled in a PE class during track season may use their PE lock and locker. **Valuables are not to be stored in lockers.** We assume no liability for lost or stolen items. Students are encouraged to bring their own water bottles to practice.

ELIGIBILITY and TRACK MEETS: In order to practice and participate, a student must have a completed athletic emergency card on file, and pay the track participation fee by **August 25th. NO STUDENT WILL BE ALLOWED TO PRACTICE WITHOUT A COMPLETED EMERGENCY CARD ON FILE!** Participants may compete at their grade level only. Participants may enter a **MAXIMUM** of 3 events per meet!

Running Events	55m Low Hurdles	100m Dash	200m Dash	400m Dash	800m Run	1600m Run	4x100 & 4x200 Relays
Field Events	Shot Put	Triple Jump	Long Jump	High Jump			

COACHES CONTACT LIST

Head Coach- Zach Moody zmoody@cherrycreekschools.org	Head Coach- Megan Wettstein mwettstein@cherrycreekschools.org
6th Boys- Matthew Gibson mgibson@cherrycreekschools.org	6th Girls- Stephanie Zeiter szeiter@cherrycreekschools.org
7th Boys- Eric Dewey edewey@cherrycreekschools.org	7th Girls- Emily Mathis emathis@cherrycreekschools.org
8th Boys- Shea Koerner skoerner@cherrycreekschools.org	8th Girls- Makaila Mulry mmulry@cherrycreekschools.org
Assistant Coach- Nick Sutton nsutton2@cherrycreekschools.org	

HOME

AWAY

8/29- Falcon Creek	@ Sky Vista
9/7- Sky Vista	@ Prairie
9/11- Thunder Ridge	@ Sky Vista
9/13- Infinity	@ Sky Vista
9/19- Sky Vista	@ Fox Ridge
9/23- DISTRICT TRACK MEET	@ Legacy Stadium Cherokee Trail

INFORMATION FOR MEETS:

Home Meets:

We will start field events as close to 4:00 as possible. The running events will not start until the visiting team arrives around 4:15 – 4:30 p.m. Home meets should be completed around 6:00-6:30 p.m. but no later than 7:00 p.m.

- 1) Field Events will start around 4:00. Please complete your field events before the visitors arrive.
- 2) During track meets, **parents are NOT allowed on the infield of the track.** This area is reserved for the track teams and working officials.
- 3) Know what events you are in and who is on your relay team. Pay attention to the exchange zones.
- 4) Take care of your uniform and equipment. You are responsible for any loss.
- 5) It is your responsibility to be on time to your event. Listen for the announcer to call 1st, 2nd and LAST call for events.
- 6) Pacing, running with a teammate who is in an event when you are on the infield is illegal.
- 7) Be sure to warm-up, run a warm up lap, stretch and check for loose equipment.
- 8) Check in with your field events before the start of the 6th grade boys 100 m dash. You must finish with your field events by the start of the 200m dash.
- 9) **No jewelry should be worn for practice or meets.**

Away Meets:

The buses should leave Sky Vista around 4:00-4:30. We should return to Sky Vista from away meets between 6:30 and 7:00 p.m (sometimes later). If students choose to ride the bus back to Sky Vista, **parents MUST BE AT SKY**

VISTA to pick them up when the buses return. Student athletes who do NOT ride the activity bus back to Sky Vista, must have a parent sign him/her out with their attendance coach, or a written note by a parent or legal guardian must be delivered to the coach for student athletes to ride home with someone else. We welcome your attendance at all meets:

- 1) Athletes should bring school work to do during the down time and be on your best behavior! You are representing SVMS.
 - 2) On the day of meets, we provide students with stickers telling them what events that they are in. Keep track of your event times and know your lane assignments. **It is the athletes responsibility to make it to their events.**
 - 3) Participants are responsible for their own possessions during practices and meets. You will not be allowed back into the locker rooms once practice or meets have started.
 - 4) **YOU MUST INFORM YOUR COACH IF YOU ARE LEAVING WITH A PARENT AT ALL MEETS.**
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Schoology Sign-Up for Sky Vista Track Team

Meet schedules, parent letters, district meet information, news, announcements, and updates regarding Sky Vista Track can be accessed by parents and students alike by enrolling in the **SMS Track and Field 2023** group in Schoology.

Please enroll yourself and your student/athlete. There are slightly different steps to enroll as a parent and as a student. Once enrolled, please note that meet schedules, district meet information, and other items can be found under the “Updates” tab. To enroll, follow the steps below.

HOW TO JOIN FOR STUDENTS AND PARENTS:

- 1) Log into your “mycherrycreek” account at <https://my.cherrycreekschools.org>
- 2) Click on the Schoology icon, and log in.
- 3) Click on the “Groups” drop down menu and select “Join”
- 4) In the Access Code window, type in: **PX5M-4TNV-VPP6J**

Posting Events:

We typically will post the rosters and line-ups the morning of each track meet so that you and your athlete will know what events they will be participating in. Some changes may occur based on absent athletes.

PLEASE FILL OUT, SIGN, AND RETURN THE EMERGENCY CARD ON THE NEXT PAGE TO THE COACHING STAFF BY AUGUST 24th.

Sky Vista Track Permission Form & Emergency Card

Circle the following for your athlete:

6th Boys 6th Girls 7th Boys 7th Girls 8th Girls 8th Boys

I have read the Sky Vista track policies and discussed it with my athlete and agree to support the coaching staff on these policies.

Date Parent/Guardian Signature

Player's Name Player's Signature

ATHLETIC EMERGENCY CARD

MSF.1203.1212

Grade _____ Sport _____ Fall Winter Spring M F

LAST NAME	FIRST	MIDDLE INITIAL	HOME PHONE	DOB
ADDRESS			CITY	ZIP CODE
MOTHER'S NAME		DAY PHONE	NIGHT PHONE	CELL/PAGER
FATHER'S NAME		DAY PHONE	NIGHT PHONE	CELL/PAGER

If a student's parents cannot be contacted, please notify:

(1) NAME	PHONE	PAGER/CELL	(2) NAME	PHONE	PAGER/CELL
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INSURANCE INFORMATION

Name of Insurance Carrier	Policy #	Group #	Primary Person Insured
<input type="checkbox"/> Allergies	<input type="checkbox"/> Allergies: Life Threatening _____	<input type="checkbox"/> Other _____	
<input type="checkbox"/> Asthma	<input type="checkbox"/> Epi Pen	<input type="checkbox"/> Medications: Current _____	
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Orthopedic	<input type="checkbox"/> Last DT/DPT Immunization ____ (mo) ____ (yr)	

Please read and sign the AUTHORIZATION STATEMENT on the reverse side of this emergency card.

My signature indicates that I have read and understand the authorization statement on the back of this card. I agree to the statement as written.

Date _____ Signature of Parent/Guardian _____

This statement releases the Cherry Creek Schools of financial responsibility in case of accident/injury to my son/daughter while he/she is participating in interscholastic activities.

I fully understand the Cherry Creek Schools do not provide accident or health insurance coverage for my son/daughter while he/she is participating in interscholastic activities. However, accident insurance is made available by the School District through an authorized agent. I further understand that it is my responsibility to provide health/accident insurance coverage for my son/daughter.

AUTHORIZATION STATEMENT - I do hereby authorize officials of the Cherry Creek School District to contact directly the persons named on this card in an emergency for the health of said child. In the event that parents/guardians or other persons named on this card cannot be reached, the school officials are hereby authorized to take whatever action is deemed necessary in their judgement for the health of aforesaid child. If there is a medical emergency and the school is unable to reach me, I understand that 911 Emergency will be called and my child will be transported by ambulance to the designated medical facility or the nearest medical facility and given medical treatment by a qualified physician at my expense.