

# Spring 2023

## EXTRACURRICULAR ACTIVITIES

High Plains is pleased to provide our students a mix of school offered programs and privately offered programs to enhance your student's educational experience for the Spring of 2023.

### **\*\*\* CLUB REGISTRATION \*\*\***

**All programs will open registration on  
Monday, December 19 at 8:00pm.**

**Any registrations that occur prior to this date and time will not be accepted.**

**To register you can use the links included in this packet.**

Once you register for any of the programs, please be sure to mark the class dates on your calendar and make sure your child is aware of the days they have these classes each week. **Parents are responsible for letting the after school programs know if their child will be absent from class.**

If you have any questions regarding any particular program, please reach out to them using the contact information provided.

Most activities are offered after school hours, however anyone offering programs before school hours will be highlighted in **red**.



## SCHOOL OFFERED PROGRAMS

### **FITNESS CLUB**

Grades: 3-5

**Tuesdays**

**FEE:**

Location: Gym (RM 184)

**7:15 - 7:45 AM**

Free

Fitness club is replacing Intramurals. This is a club designed to help get students exercise before school. Think workout Wednesday but on Tuesday morning. I will teach students how to perform different exercises and help them increase their muscular endurance, agility, and coordination. This is a workout club that will incorporate a few games here and there. If your child loves working out, this is the club for them!

**This club will offer a 7-week session. Dates provided at sign up.**

To register: <https://forms.gle/qCPf294bgXSyLJ1aA>

For questions contact:

Mr. Herrera - [jherrera9@cherrycreekschools.org](mailto:jherrera9@cherrycreekschools.org)

### **MUSICAL THEATER CLUB**

Grades: 2 & 3

**Tuesdays**

**FEE:**

Location: Music Room (RM 188)

**2:45 - 3:45**

Free

This spring is a great time for musical theater! Students will take to the stage and learn the arts of acting, singing, dancing, and set design!

In order to ensure that a variety of students get to experience theater club, students will be signed up on a first come first serve basis, with a priority for students who have not previously attended. The spring performance will have a total of 30 spots.

**Tuesday Dates: January 17, 24, 31; February 7, 14, 28; March 7, 14**

To register: <https://tinyurl.com/SpringMusicalTheater>

For questions contact:

Mrs. Merrihew - [dmerrihew@cherrycreekschools.org](mailto:dmerrihew@cherrycreekschools.org),

Mrs. Pearlman - [mpearlman@cherrycreekschools.org](mailto:mpearlman@cherrycreekschools.org), or

Ms. Kuster - [fkuster@cherrycreekschools.org](mailto:fkuster@cherrycreekschools.org)



## **RUNNING CLUB**

Location: Gym (RM 184)

Grades: 2-5

**Fridays**

**7:15 - 7:45 AM**

**FEE:**

Free

If your child loves to run this is the club for them! Running club is a club that meets before school to encourage students to run/walk as many laps around the track as possible in the time given. We meet in the gym and make our way up to run around the track. We cap this club at 40 students.

**This club will offer a 5-week session. Dates provided at sign up.**

To register: <https://forms.gle/Q6tiji3HVvKazpLT9>

For questions contact:

Mr. Herrera - [jherrera9@cherrycreekschools.org](mailto:jherrera9@cherrycreekschools.org)

## **PRIVATELY OFFERED PROGRAMS**

### **ART CLUB**

Location: Mobile

Grades: K-5

**Thursdays**

**2:45 - 3:45**

**FEE:**

\$110

KidzArt will help you hone your special art abilities, develop storytelling skills and gain self-confidence as we complete a range of marvelous drawings. Use different mediums, brainstorming techniques and types of self-expression to complete a drawing each and every week and watch your skills improve as we go along.

**Art In Nature:** Colorful landscapes and creatures will come to life!

**Thursday Dates: January 26, February 2, 9, 16, 23**

**Art Is Challenging:** Create beautiful and impressive drawings.

**Thursday Dates: March 30, April 6, 13, 20, 27**

Register at: <https://www.kidzart.com/franchise/front-range/>. Click on "register now!" button.

For questions contact:

Natalie Martin at [nmartin@kidzart.com](mailto:nmartin@kidzart.com) or 720-515-5463



**HIGH PLAINS HAWKS**  
**ELEMENTARY SCHOOL**  
— EVERY CHILD · EVERY DAY —

**BEGINNING BAND**

Location: Music Room (RM 188)

Grades: 4 & 5

**Mondays**  
**2:45 - 3:45**

**FEE:**  
\$299 (plus  
instrument  
cost)\*

Colorado Music Institute provides music education for students of all ages and experience levels on nearly every instrument. Beginning band students can start on flute, clarinet, alto saxophone, trumpet, trombone, or baritone. Students will learn how to play their instrument, read music, understand music theory, and perform in concerts. This class will be focused on having fun and building confidence while students are learning their new instruments! Students are encouraged to participate in both fall and spring semesters. To rent an instrument, go to [www.rentfromhome.com](http://www.rentfromhome.com) and use the code **COMUSIC**. The \$299 fee can be paid up front or in three payments of \$100. **\*NOTE: Financial assistance may be available, contact Principal Cooper for details.**

**Monday Dates: January 23, 30; February 6, 13, 27; March 6, 13, 27; April 3, 10, 17, 24; May 1**

Register at: <https://www.hisawyer.com/colorado-music-institute/schedules/activity-set/419736>

For questions contact:

Emily Wangler - [emily@coloradomusicinstitute.com](mailto:emily@coloradomusicinstitute.com) or Mrs. Merrihew - [demerrihew@cherrycreekschools.org](mailto:demerrihew@cherrycreekschools.org)

**CHESS CLUB**

Location: Art Room (RM 167)

Grades: 1-5

**Thursdays**  
**2:50 - 3:45**

**Fee:**  
\$240

Chess class will be structured teaching in the first half hour and then the students will play each other the second half hour while Todd provides suggestions, answers questions, and helps the students to better understand chess strategies. The students will be introduced to all phases of the game, etiquette, tactics, and strategies. No prior chess knowledge is necessary.

Todd is a National Chess Master and 5-time Denver Champion. He has been teaching Chess full-time for almost 30 years and is author of eight chess books, published in four languages.

**Thursday Dates: January 12, 19, 26; February 2, 9, 16, 23; March 9, 16, 30; April 6, 13, 20, 27**

Register at: [tbardwick@yahoo.com](mailto:tbardwick@yahoo.com)

For questions or to register contact:

Todd Bardwick - [tbardwick@yahoo.com](mailto:tbardwick@yahoo.com) or 303-770-6696



**COMPUTER  
PROGRAMMING**

Grades: 3-5

Tuesdays  
2:45 - 3:45

FEE:  
\$299

Location: Kindergarten RM 114

Coding with Kids is a computer programming academy that gives your child the opportunity to learn how to create fun programs and games. Coding with kids classes are updated with new projects each session so that your student can continue to advance their coding skills. We teach kids real programming skills in a fun and engaging way.

**Scratch: Arcade Games 1**

**Tuesday Dates: January 24, 31; February 7, 14, 28; March 7, 14, 28; April 4, 11, 18, 25**

Grades 3-5 register at: [www.codingwithkids.com/session/47253](http://www.codingwithkids.com/session/47253)

For questions or more information contact:  
[info@codingwithkids.com](mailto:info@codingwithkids.com)

**COMPUTER  
PROGRAMMING**

Grades: K-2

Mondays  
2:45-3:45

FEE:  
\$299

Location: Kindergarten RM 114

Coding with Kids is a computer programming academy that gives your child the opportunity to learn how to create fun programs and games. Coding with kids classes are updated with new projects each session so that your student can continue to advance their coding skills. We teach kids real programming skills in a fun and engaging way.

**Little Coders: Animations**

**Monday Dates: January 23, 30; February 6, 13, 27; March 6, 13, 27; April 3, 10, 17, 24**

Grades K-2 register at: [www.codingwithkids.com/session/47252](http://www.codingwithkids.com/session/47252)

For questions or more information contact:  
[info@codingwithkids.com](mailto:info@codingwithkids.com)



## **COOKING CLUB**

Location: Mobile

Grades: K-3

**Mondays**  
**2:45 - 3:45**

**FEE: \$161**  
per session

Sticky Fingers Cooking offers young chefs the chance to explore exciting tastes (all seasonal and as local as possible), master culinary skills (that they can put to use in family kitchens) and nourish their bodies and minds. We provide all of the tools, ingredients and instruction needed to cook up a fun, delicious and healthy after-school snack each week. Sticky Fingers Cooking is 100% nut free and CAN and WILL accommodate ANY and ALL food allergies. **Scholarships may be available. Please use the contact information below to inquire.**

### **Session #3**

**Monday Dates: January 23, 30; February 6, 13, 27; March 6, 13**

### **Session #4**

**Monday Dates: March 27; April 3, 10, 17, 24; May 1, 8**

Register at: [stickyfingerscooking.com](http://stickyfingerscooking.com) (click on School Programs in the top menu)

For questions or more information contact:  
[stickyfingerscooking.com](http://stickyfingerscooking.com) or [hello@stickyfingerscooking.com](mailto:hello@stickyfingerscooking.com)

## **DANCE**

Location: Mobile

Grades: K-5

**Wednesdays**  
**1:45 - 2:45**

**FEE: \$75**  
per month

This high energy dance class will go in depth with hip-hop training, including the latest dance trends and break-dancing moves. This class is great for the student who just wants to come and get funky as well as the serious dancer looking to improve their hip hop skills. We will also learn some jazz techniques! A special performance will conclude the Fall session.

**Wednesday Dates: January 11, 18, 25; February 1, 8, 15, 22; March 1, 8, 15, 29; April 5, 12, 19, 26;  
May 3, 10**

Register at: [glamdance@gmail.com](mailto:glamdance@gmail.com)

For questions or more information contact:  
Kim Michels - [glamdance@gmail.com](mailto:glamdance@gmail.com) or 303-908-5145



## **FRIENDSHIP CLUB**

Grades: K-5

**Thursdays**

**2:45 - 4:30**

**FEE:**

**\$150**

Location: Stage/Outside

Connect Us is a nonprofit whose mission is to develop self-confidence, resiliency and social competence in young children through collaborative activities in a guided, learning environment. Connect Us offers what kids love most -- fun, physical and creative group activities -- as we guide their interactions for the purpose of strengthening friendship and leadership skills. All kids want to fit in, but sometimes a lack of skills or confidence make that difficult. **Scholarships available.** Find more information at [www.connectusnow.org](http://www.connectusnow.org).

**Session #2 Thursday Dates: January 19, 26; February 2, 9, 16, 23; March 9, 16**

**Session #3 Thursday Dates: April 13, 20 27, May 4, 11, 18, 25**

Register at: [www.connectusnow.org/ASG-registration/](http://www.connectusnow.org/ASG-registration/)

For questions or more information contact:

Chris at [programs@connectusnow.org](mailto:programs@connectusnow.org) or 303-773-3960

## **BEGINNING ORCHESTRA**

Grades: 4 & 5

**Wednesdays**

**1:45 - 2:45**

**FEE:**

**\$299 (plus  
instrument  
cost)\***

Location: Music Room (RM 188)

Colorado Music Institute provides music education for students of all ages and experience levels on nearly every instrument. Beginning orchestra students can start on violin, viola, or cello. Students will learn how to play their instrument, read music, understand music theory, and perform in concerts. This class will be focused on having fun and building confidence while students are learning their new instruments! Students are encouraged to participate in both fall and spring semesters. To rent an instrument, go to [www.rentfromhome.com](http://www.rentfromhome.com) and use the code **COMUSIC**. The \$299 fee can be paid up front or in three payments of \$100. **\*NOTE: Financial assistance may be available, contact Principal Cooper for details.**

**Wednesday Dates: January 18, 25; February 1, 8, 15, 22; March 1, 8, 15, 29; April 5, 12, 19, 26**

Register at: <https://www.hisawyer.com/colorado-music-institute/schedules/activity-set/419739>

For questions or more information contact:

Emily Wangler - [emily@coloradomusicinstitute.com](mailto:emily@coloradomusicinstitute.com) or Mrs. Merrihew - [demerrihew@cherrycreekschools.org](mailto:demerrihew@cherrycreekschools.org)



## **SCIENCE CLUB**

Grades: K-5

**Tuesdays**  
**2:45 - 3:45**

**FEE:**  
**\$104/session**

Location: Mobile

Where science and fun are one!! Science Matters helps children learn all about the exciting world of science with classes that are stimulating and fun, getting each student personally involved in real science projects. Start your child on a wondrous journey that lasts a lifetime.

**Pop Bang Fizz: A little of this, a little of that, some wild reactions is where it's at!**

**Tuesday Dates: January 17, 24, 31; February 7, 14**

**Super Science Smorgasbord: It's a Grab Bag of Science.**

**Tuesday Dates: February 28; March 7, 14, 28; April 4**

**Countertop Chemistry: Turning the kitchen into a lab.** Note: this camp includes dairy, gluten, & chocolate.

**Tuesday Dates: April 18, 25; May 2, 9, 16**

Register at: <http://www.sciencematters.tv> (click the After School Enrichment image under the main menu)

For questions or more information contact:  
registrar@sciencematters.tv or www.sciencematters.tv

## **SPEED AND AGILITY**

Grades: 1-5

**Wednesdays**  
**1:50 - 2:50**

**FEE:**  
**\$115**

Location: Field

Philosophy: You can't move faster if you don't know how to move. You can't run faster if you don't know how to run. Your kids will develop and master functional control of their bodies and learn how to move and improve their strength and speed. 10% Sibling discount available.

**Wednesday Dates: April 12, 19, 26; May 3, 10**

Register at: [www.thefastlab.com](http://www.thefastlab.com)

For questions or more information contact:  
Megan Flanagan at [megan@thefastlab.com](mailto:megan@thefastlab.com)