Meg Bénédict, Kira Vander Ploeg and Jodie Davis

The Heritage Kindergarten Team

We believe that every child is a writer, mathematician, scientist, artist, thinker and dreamer who will one day change our world.

Our classroom is a community. Parents are a child's first and best teacher. Together, we will ensure your child's success.

We respect the unique heritage (SDARK) of students in kindergarten. Students are safe. We take ownership for their learning and have a positive attitude and emotions. We help our students become a friend.

We build leadership skills, to teach students about feelings.

We teach your child about how to grow socially and emotionally in the world. Each day, your child will experience the ways of the world in our innovation center.

We believe in project-based learning, field trips and time exploring. As well as experience's, science, classes, art, music, P.E., literacy and technology, our difference is.

Children need is time for the arts. Our break's, purposeful play, recess and recess, your child will have multiple recesses a day.

Students learn in multiple ways. Every child benefits from differentiation.

Our classrooms are places for children to learn, grow, feel safe, make mistakes, try again and be celebrated.

Kindergarten should instill a love for lifelong learning in every child.
to help we your child enter's Kindergarten

Are they wearing to do their tasks and points? Do they know how to move and button work? Basic bathroom care is important.

Can your child use the bathroom by themselves?

Do they know how to turn the pages? Show your child how to point under each word as you read.

Can your child hold a book?

Can your child hold a pencil?

Begin to help them write the letters of the alphabet and learn letter sounds. Check our resources connected to this page to help your

- Can your child hold a pencil?

- Does your child know colors and basic shapes?

- Students need a capital letter for the first letter and the rest of their name written in lower case.

- Help your child write their name.

- First... Then... For example: First put on your shoes, then walk to the door.

- Use language like;

- Help your child to listen and follow 2 step directions.

- Preparation for Kindergarten

- Developmentally we are equipped to teach love and serve your family. Through a partnership we will meet each child's needs.

- Kindergarten teachers are often asked, "how can my child be ready for Kindergarten?" We believe that no matter where a child is
Steps to Help Enter Kindergarten

1. Read
   - Read to your child daily. As you read, ask questions:
     - What do you see on the cover of the book?
     - What does an illustration do?
     - What does an author do?
     - Where is the setting?
     - Who are the characters?

2. Model Wonder
   - Ask why. As you read, ask questions:
     - Why did the author do this?
     - Why did the character do this?
     - Why did the author make this choice?

3. Write
   - Write your child’s name as much as possible. Show them how to write their name with a capital at the beginning and the rest of their name.

4. Count
   - Count with your child from 1-20 or loud as much as possible. Then start writing the numbers. Make math fun by looking for numbers in their daily life.

5. Letters & Numbers
   - Tell your child what their letters look like. Write them in chalk. Marker or on the playground in sand. Write them on their shirt. Use them in the sandbox. Use them in the dirt or sand. Use them in the sensory table.

6. See, Notice, Wonder
   - Some example statements are:
     - I see.
     - I notice.
     - I wonder.

7. Science & Math Connections
   - Some example statements are:
     - As you go through daily life be curious as a parent. Model wonder. What do you observe? What does an illustration do? What does an author do? Where is the setting? Who are the characters? What do you see on the cover of the book? How do we know?
Steps to Help Enter Kindergarten

1. **Sing Songs**
   - Sing songs that rhyme. Sing songs as you cuddle up and hold your child close. Singing (even if you can't keep a tune) is a way to show new friends in school.
   - Your child learns to read from hearing and telling stories. Tell stories in your child's language. Tell stories from your childhood. Tell stories to celebrate your identity. We can't wait for your child to tell stories in their new friends in school.

2. **Explore**
   - Here are some of our favorite places to visit within walking distance from our school:
     - Cherry Park
     - Get outside with your local libraries and community places. These are some great places to explore right next to Heritage Elementary.

3. **Follow two-step directions**
   - Use the language tree above. We use this language daily at school.

4. **Storytelling**
   - Cut out the following pictures and have your child practice cutting these lines before they enter school.

5. **Play**
   - Things like:
     - "What's your name?"
     - "What are you playing?"
     - "Can I play?"

6. **Preparation**
   - The best way you can prepare for this is to help your child become familiar with these terms.

7. **Help with kindergarten readiness**
   - Draw a picture of yourself and turn it into a coloring page for your child to write and draw on.

8. **Support**
   - We are here to help your child in knowing how to introduce themselves. Teach them how to say 'Hi.'
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:45-8:05</td>
<td>Soft Start</td>
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<td>8:05-8:45</td>
<td>Purposeful Play &amp; WINN</td>
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<tr>
<td>8:45-9:30</td>
<td>Writing Workshop/Heggerty</td>
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<td>9:30-9:45</td>
<td>Movement &amp; Snack</td>
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<td>9:45-10:00</td>
<td>Read Aloud</td>
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<td>10:00-10:45</td>
<td>Fundations/Reading Workshop</td>
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<td>10:45-10:50</td>
<td>Wash</td>
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<td>10:50-11:35</td>
<td>Lunch/Recess</td>
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<td>11:35-11:50</td>
<td>Class Meeting</td>
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<td>11:50-12:55</td>
<td>Math Workshop</td>
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<td>12:55-1:10</td>
<td>Wellness/Snack</td>
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<td>1:10-1:55</td>
<td>Specials</td>
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<td>2:00-2:35</td>
<td>Science/Social Studies</td>
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<td>2:35-2:45</td>
<td>End of Day</td>
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<td>Heggerty/Writing Workshop</td>
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<td>Math</td>
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<td>12:20-12:50</td>
<td>Specials</td>
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<td>12:50-1:05</td>
<td>Wellness/ Snack</td>
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<td>1:05-1:35</td>
<td>Social Studies, Science, STEAM</td>
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<tr>
<td>1:35-1:45</td>
<td>End of Day</td>
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HERITAGE ELEMENTARY
School Supply List for SY 2023-2024

Kindergarten *DO NOT PUT YOUR CHILD'S NAME ON SUPPLIES*
1 large box of facial tissue
1 box (8 ct) wide classic color markers
2 boxes (24 ct) crayons
1 dozen #2 pencils, sharpened
4 glue sticks
2 pocket (no brads) folders – 1 yellow and 1 red, *NO DESIGNS OR GRAPHICS* (plastic)
1 pkg (4 ct) color Dry Erase Markers, assorted colors, chisel tip
1 watercolor set
1 headphone for computer (label and place in plastic bag)
1 container of playdoh
1 pair of children's scissors
1 plastic pencil box
1 bottle white glue
1 box of Gallon size freezer bags
1 box of Quart size freezer bags

Grade 1 *DO NOT PUT YOUR CHILD'S NAME ON SUPPLIES*
24 sharpened pencils
2 glue sticks
1 pkg (4 ct) Dry Erase Markers (chisel tip)
1 box of 24 crayons
1 box (10ct) of wide markers – bright or tropical colors
1 box (10ct) of wide markers – classic colors
1 box (10ct) of fine line markers
1 large box of facial tissues
4 pocket folders, 1 of each: YELLOW, GREEN, BLUE, PURPLE
2 composition notebooks – wide-ruled – (1) GREEN and (1) BLUE
1 over the ear headphones (no earbuds)

Grade 2 *DO NOT PUT YOUR CHILD’S NAME ON SUPPLIES*
1 dozen #2 pencils, sharpened (BOYS ONLY)
1 box (12 ct) yellow mechanical pencils (twist not push)
4 small glue sticks
1 glue bottle, (GIRLS ONLY)
4 laminated, (1-green, 1-blue, 1-red, 1-yellow), 3-hole punched pocket folders / NO DESIGNS OR PRONGS
3 composition notebooks, 1-GREEN, 1-BLUE, 1-BLACK/WHITE
1 pkg of (4 ct) Dry Erase Markers (chisel tip)
1 box (10ct) of wide markers – classic colors
1 box (10ct) of wide markers – bright colors
1 box (10ct) of fine-line markers
1 pkg (12ct) of colored pencils, sharpened
1 large box of facial tissues
1 pair of children’s scissors
1 over the ear headphones (no earbuds)
Grade 3 *DO NOT PUT YOUR CHILD'S NAME ON SUPPLIES*
3 composition wide-ruled notebooks (any color)
1 5-Subject spiral wide-ruled notebook (any color / BOYS ONLY)
1 pkg wide-ruled lined paper
1 pocket folder – (any color)
1 pkg (8 ct) Classic broad tip markers
2 pkg (8 ct) colored pencils
2 fine tip Dry Erase markers, black
2 glue sticks
2 large erasers
1 pair of scissors
2 yellow highlighters
36 pencils – sharpened
2 ballpoint pens – (blue)
2 boxes of facial tissues
1 box of sandwich bags and (1) box of gallon bags, 24 ct. (GIRLS ONLY)
1 pair of earbuds or headphones

Grade 4 *DO NOT PUT YOUR CHILD'S NAME ON SUPPLIES*
2 composition notebooks (solid color to share / NO NAME LABELS)
1 pocket folder – Solid Color – no designs (to share) / NO NAME LABELS
1 dozen #2 pencils – NO mechanicals, personal pencil boxes, or personal pencils
1 box (24 ct) of crayons
2 pkg (12 ct) colored pencils
1 pkg (6 or 8 ct) Dry Erase Markers, fine tip
2 boxes of facial tissues
1 pkg wide-ruled lined paper (GIRLS ONLY)
1 bottle of glue (GIRLS ONLY)
1 gallon size baggies (GIRLS ONLY)
1 glue stick (BOYS ONLY)
1 pkg (2 ct) large erasers (BOYS ONLY)
1 box of sandwich size baggies (BOYS ONLY)

Grade 5 *DO NOT PUT YOUR CHILD'S NAME ON SUPPLIES*
1 composition notebooks
2 dozen #2 pencils, sharpened
1 pkg (3 ct) glue sticks
2 pkg (4 ct) Dry Erase Markers, chisel tip
2 pkg (5 ct) of highlighters (different colors)
1 pkg (12 ct) colored pencils
1 pkg (2 ct) large erasers
1 box of facial tissues
1 pkg (4 ct) ballpoint pens – (blue) (GIRLS ONLY)
1 pkg (4 ct) ballpoint pens – (red) (BOYS ONLY)
1 pkg (8 ct) Classic broad tip markers
Dear Parents/Guardians of our Incoming Heritage Elementary Kindergarteners and Pre-
Kindergarteners,

Welcome to Heritage Elementary! I am Nurse Ann.

My primary goal as your school nurse is to support the health and wellness of your student/s during the school day.

I would like to partner together for the best care of your student/s. Here are some important health information requirements and reminders for your review.

**Immunizations:**
Colorado law requires all students attending Colorado schools to be vaccinated against certain diseases unless they have a certificate of medical or nonmedical exemption on file. (SB20-163).
Be sure to provide your student's updated immunization record to the school.
The list of school required immunizations can be found on the Colorado Department of Public Health and Environments website:
https://cdphe.colorado.gov/schoolrequiredvaccines.

**Toileting/Change of Clothes:**
It is the expectation for all incoming Kindergarten/Pre-K students to be fully toilet trained. We know accidents happen, so if your student may need a change of clothes, please keep a bag in their backpack with a clean set of clothes (shirt, pants, shorts, socks, and/or shoes) and other supplies they prefer (i.e. wipes).
Another helpful hint: most toilets at the elementary school have an automatic flush, so it helps introducing them to these toilets prior to the start of school.

**Health Conditions:**
Many of our students have health conditions such as diabetes, asthma, allergies, epilepsy/seizure disorders, and other chronic illnesses.
Please contact me if your student has any health conditions that could impact them during the school day, so that we can plan for a successful start to your student's educational journey!

I am excited to get to know your student/s and, again, welcome to Heritage Elementary!

Please feel free to contact me at any time with questions or concerns.

Ann Duffy, BSN, RN
Heritage Elementary School Nurse
Health Clinic Phone: 720-554-3506
Email: aduffy@cherrycreekschools.org
Health Clinic Fax: 720-554-3588
Dear Families,

We are working on holding our pencils correctly at school. The standard ways for children to hold their pencils are illustrated below. Some children like to pinch with the thumb and pointer. That’s the tripod (three-pinches with thumb and pointer/finger, pencil rests on the middle finger). Others like the quadropod (four-pinches with thumb and pointer/middle fingers together, pencil rests on ring finger). If you write using a grip that is different than tripod or quadropod, alter your grip for practice with your child. Children love to imitate adults and will copy you. The “Flip the Pencil Trick” is a fun way to practice positioning the pencil correctly.

**Tripod Grip**

Eraser points to **left** shoulder.

Standard grip: Hold pencil with **thumb + index finger**.

Pencil rests on middle finger.

Eraser points to **right** shoulder.

**Quadropod Grip**

Alternate grip: Hold pencil with **thumb + index and middle fingers**.

Pencil rests on ring finger.

**Flip the Pencil Trick**

This is a fun way to practice placing the fingers correctly. Children like to learn it and it puts the pencil in the correct position. (Illustrated for right-handed children.)

Place pencil on table pointing away from you. Pinch the pencil on the paint where the paint meets the wood.

Hold the eraser and twirl the pencil around.

Voila! Correct grip.
When your child writes, both elbows should be on the table and feet should be on the floor, if possible. You can use an old box under the table if the table is too high. Also, have your child hold the paper with the non-writing hand.
Aa Bb Cc Dd

Ee Ff Gg Hh Ii

Jj Kk Ll Mm

Nn Oo Pp Qq

Rr Ss Tt Uu Vv

Ww Xx Yy Zz
Capital Letters

A  F  K  P  W  Z  B
H  O  J  U  C  Y  L
Q  M  D  N  S  X  I
E  G  R  V  T

Lowercase Letters

a  f  k  p  w  z  b
h  o  j  u  c  y  l
q  m  d  n  s  x  i
e  r  v  t  g

Numbers

0  1  0  3  8  6  9  5  7  2  4  1

Colors

red  blue  yellow  green  orange
purple  brown  black  white  pink  gray

Shapes

Rhyme: (For example: what rhymes with the first picture in each row?)
Websites and Apps we LOVE

Apps
- Reading Raven 1 & 2
- Skyfish Phonics
- Little Finder ABC
- Eggy Phonics 1, 2, & 3
- Teach Me: Kindergarten
- Counting Caterpillar
- Bugs and Buttons 1 & 2

Math Game Time
- Highlights Kids
- PBS Kids
- Abcya

Starfall
- Story Online

Websites
- National Geographic Kids
- Math Game Time
We are so excited that your child will be joining us in the fall! Starting kindergarten is a big milestone for both you and your child. Being prepared for kindergarten will help your child feel successful in school. Here are some suggestions as to how you can give your child a head start for kindergarten by practicing these skills over the summer months. Please do not worry if your child has not mastered these skills before the start of kindergarten. We will continue developing concepts through the year.

**Self-Help Skills**
- Separate from parents without being upset
- Manage bathroom needs
- Wash hands
- Recognize own backpack and coat
- Button shirts, pants, coats, and zip up zippers

**Motor Skills**
- Trace basic shapes
- Cut with scissors
- Bounce and catch a ball
- Hold a pencil correctly
- Draw and color simple pictures

**Social Skills**
- Begin to share with others
- Start to follow rules
- Be able to recognize authority
- Pay attention and follow 2 step directions
- Understand actions have both causes and effects
- Begin to control oneself
- Work cooperatively to play a game
- Clean up after using things
- Speak intelligibly
- Speak in complete sentences of five to six words

**Academic Skills**
- Listen to stories without interrupting
- Pretend reading
- Look at pictures and then tell stories
- Sing the alphabet
- Recognize and write his/her name
- Identify the beginning sound of some words
- Identify some alphabet letters
- Recognize some common sight words like "stop"
- Recognize basic shapes
- Sort similar objects by color, size, and shape
- Recognize groups of 1, 2, 3, 4, and 5 objects
- Count to ten
- Identify some numbers 0-10

**I CAN DO IT!**
confusing.

activity using either the uppercase letters or the lowercase letters, do not intermix both sets. This is
the missing letter and then name that letter. Repeat the activity using different sequences of letters. Try the
letter name and give them a motion to go and get the letter and bring it back to you.

4. Lay a few letters face up on the floor where there would be space to run, hop, skip, gallop, etc. Tell your child a
letter name and give them a motion to go and get the letter and bring it back to you.

5. Arrange three letters, such as r s t, in order; leaving a space for the missing letter. Ask your child to fill in
them. You can try this same activity with the lowercase letters.

3. Turn all uppercase letters face down (like a memory game). Have your child turn one over. Ask your child to
and repeat. (Start with fewer letters and then gradually add more letters as you see that your child is ready for
name and have them trace the letter with their finger, then return to the table face down. Pick another letter
identity the letter by name. If correct, give the letter card to your child. If incorrect, tell your child the letter
the numbers 1 2 3 4 5.

2. Mix up all the alphabet cards. Have your child match the uppercase letter with the matching lowercase letter.

1. Mix up all the alphabet cards. Ask your child to sort the letters into two groups: uppercase and lowercase. Then

These are fun games and activities that you can play with your child to help reinforce the letters of the alphabet.

A I L P H A B E T

A C T I V I T I E S

A
4. Place a few items on the table and have your child match the correct letter card that the object begins with. (For example, B could be bear, bee, or bottle.)

5. Place a few letters (6-8) in a brown paper bag and have your child pull a letter out of the bag and tell you its name and sound it makes. To extend this, have your child tell you a word that begins with that letter (for example, Sh says /ʃ/). Once back with you they will need to say the letter sound.

2. Lay a few letters face up on the floor where there would be space to run, hop, skip, gallop, etc. Tell your child a letter name and give them a motion to go and get the letter and bring it back to you. Once back with you they will have the letters have them say the sound that letter makes (for example H says /h/)

1. Have your child place the alphabet cards in alphabetical order (either uppercase or lowercase set only). As they do, keep a stack of cards next to each letter. When all the cards are taken, continue to play in this fashion until all of the cards are taken.

7. Split the uppercase and lowercase card decks in half, making sure that you have the uppercase and lowercase sets of letter cards.

6. Stack the uppercase letters into one pile, face down. Have your child draw the top card and tell you the name of the letter. Then ask your child to tell you either the letter that comes before it or right after it. Try this with both the uppercase and lowercase letters.
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amount of number cards to start and grow as your child is ready for more.
fill in the missing number. Repeat the activity using different sequences of numbers. Again, use a limited
5. Arrange these numbers, such as 6, 7, 9, in order, leaving a space for the missing number. Ask your child to
circle a number and give them a motion to go and get the number and bring it back to you.

1. Lay a few numbers face up on the floor where there would be space to run, hop, skip, gallop, etc. Tell your
child (is ready for them).

2. Turn all numeral cards face down (like a memory game). Have your child turn one over. Ask your child to

3. With a limited amount of numeral cards at first (1-5), as your child advances go to 1-10, 1-15, 1-20, etc.

4. Then count while pointing to each number. To help your child, have a model of the numbers. Finish by having

These are fun games and activities that you can play with your child to help reinforce the counting and numeral recognition.
1. Count anything and everything when you are setting the table, shopping for fruit, walking in the neighborhood.
2. Show your child 2 numeral cards and ask them which number is more or less. If this is challenging for them, have a model of the numerals in a line for them to refer to or have them count out objects for each number.
3. Compare the groundings size to determine more or less.
4. Have your child place the numeral cards out in front of them randomly. You tell them a number and they need to place 20 times or spin in a circle 3 times.
5. Hand you the correct card that you are asking for.
6. Stock the numeral cards into one pile face down. Have your child draw the top card and tell you the name of the color of cars on the road, grabbing handfuls of rocks, anything!
7. Place a few numerals (6-8) in a brown paper bag and have your child pull a number out of the bag and tell you its name and show you the correct amount using objects such as fingers, pennies, Cheerios, buttons, beads, etc.
8. Place a few items on the table and have your child match the correct number card that equals the amount of objects (for example, 10 forks to match the numeral card 10). To extend this, have your child find objects around the house to match the letter cards on their own (for example, 6 chairs around the table, 3 remotes on the table).
9. Have your child place the numeral cards in sequential order and then practice writing the numerals on paper. On a whiteboard, using their finger in sand or salt, or on the sidewalk with chalk.
10. Hand your child a numeral card and tell them to do a motion that many times. Suggest that they hop 15 times.
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6. Pick any picture card and ask your child to tell you a word that rhymes with it. They may respond with a real or nonsense word, both work.

4. Have your child place all cards in front of them facing up. You say a rhyming word (real or nonsense such as cat, bat, got, etc.). Ask your child to hand you a card that rhymes with the word that you just said. If they do not have one, have the player "Go Fish" from the deck in between the two of you.

3. Give your child and yourself 5 cards and place the rest in between you two face down. Play "Go Fish" with one each picture pair, emphasizing the rhyme part of the word (for example: cat and hat).

2. Mix up the rhyming picture cards and ask your child to match the rhyming pictures into rhyming pairs. Repeat (for example: cat and hat).

1. Show your child 3 picture cards, 2 that rhyme and 1 that doesn’t (for example: cat, win, hat). Have your child point to the 2 picture cards that do rhyme. Repeat each picture pair, emphasizing the rhyme part of the word.

These are fun games and activities that you can play with your child to help reinforce rhyming pairs.
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<tr>
<th>pin</th>
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