



Best Practices for CCSD Field Usage

Many sports have a small area of concentrated activity which can cause excessive field damage in those specific areas. Examples of concentrated use include the crease area in lacrosse, the goalie box in soccer, and the mid-field in football. To keep our fields in the best condition for your use and others', we have developed these "Best Practices for Field Usage". We request that you utilize these and other techniques for your practices so that fields do not get excessively damaged, which can then result in field closures for repair. Your help is important.

- 1) Please rotate high usage areas, if possible, by locating the goals in different parts of the field on different practice days.
- 2) Plan drills and activities to use all areas of the field. Run different drills in different parts of the field so that the field usage is spread out and not concentrated in high usage areas. In addition, avoid high usage areas during conditioning.
- 3) If you can, practice on half of the field - one half for your first weekly practice and the other half for your second weekly practice.
- 4) Be aware of activities that may be occurring on surrounding fields and please be respectful of the space.
- 5) Vehicles are not allowed on any field or sidewalk area at any time.
- 6) Do not extend your time on the fields. Your permit lists your approved start and end time. Please do not begin before your approved time and do not extend beyond your end time.
- 7) Please remember field permits **do not** include access to the school. Have your parents and players plan accordingly for restroom use.
- 8) Ensure that siblings are supervised and that you do not use the playgrounds when the school's Before/After program is using the space.
- 9) Please bring your permit to all of your approved practice dates and locations. Your permit verifies the District's approval to utilize the facility, and you may be asked to produce your proof of approval.