After School Sports Club

Sponsored by Ms. Jehn, COT P.E. Teacher

**When:** Tuesday- 4th and 5th graders
Thursday- 2nd and 3rd graders

**Where:** COT Gym @2:45-3:40pm
(Carpool lane pick-up)

8 Week Sessions for sign-up:

**First session:** Tuesday, Sept. 17- Thurs. Nov. 7
*Sports/Activities: Football, Kickball, Speed Stack, Bowling, Yoga*

**Second session:** Tuesday, Nov. 19- Thurs. Jan. 23
*Sports/Activities: Gymnastics, Baseball/Softball, Jump rope, Boot camp fitness*

**Third session:** Tuesday, Feb. 4- Thurs. April 2
*Sports/Activities: Track and field, relays, Soccer, Tennis*

*Tentative plan for sports/activities*