CIM ARRON EXPRESS
MONTHLY NEWSLETTER
2019-2020 | Issue 1 | Date: September 4, 2019

CIM EVENTS
Sept. 6: 40th Celebration at CIM 6-8
Sept. 9: Believe Kids Fundraiser
Sept. 9: CCSD BoE Mtg - Holly Hills
Sept. 10: CIM PTCO 6:00 - 7:00 pm
Sept. 11: Watch Dog Dads Kickoff
Sept. 12: CIM SAC 8:00 - 9:00 am
Sept. 12: CIM PASS 5:30 - 7:00 pm
Sept. 25: CIM Title Night 5:00 - 6:00
Sept. 18: District PASS/DAC at CTHS
Oct. 14 - 18: Fall Break - No school

KINDER FAMILIES
Kindergarten days are long for our youngest students, Please send in extra underwear and clothing for changes if bathroom accidents occur during the school day.

CIMARRON ELEMENTARY
40 YEARS
COMMUNITY & LEARNING
September 6, 2019
6:00 - 8:00 pm
Come celebrate with us as we celebrate 40 years as a part of our community!
Bl & Bouncy houses outside
Explore our new Makers Space as a family
Hamburger and Hot Dog meals for purchase

Cimarron Food Pantry
Cimarron Elementary has a lot of food that we have collected for our families. If your family is in need now or you find that you need food or supplies such as toothbrushes, soap or other personal care products, please contact Kiomi Watanabe in our front office at 720-886-8100.

BELIEVE KIDS FUNDRAISER
We will begin our fall fundraiser on September 9th. We were very successful with our catalog sales last year and are giving it a go this year! Look for information next week!

SECOND STEP
Cherry Creek has adopted Second Step as our social/emotional classroom Curriculum. We will begin using Second Step at the end of September. It also includes our Bully Prevention instruction in October and November.

QUESTIONS YOU COULD ASK YOUR CHILD
Tell me about the best part of your day?
What did you read about today?
Did any of your classmates do anything funny?
Tell me something you learned from a friend today?
What is one questions you asked your teacher or a classmate?
NURSE CARA’S NOTES

CCSD nurses are no longer permitted to give the following medication without a doctors order:

- Cough drops
- Tums
- Hydrocortisone cream
- Antibiotic ointment other than Bacitracin
- +Permitted medication
- Tylenol
- Ibuprofen
- Anti-itch-Benadryl cream
- Saline eye drops/wash
- Antihistamine-Benadryl or Claritin
- Cough medicine (Guiafenesin or Dextromethorphan) *Parents must supply

Please remember that student should not have over the counter medication in their pockets or backpacks.

ALLERGY AWARE

Awareness and support of students with food allergies is important to all of us at Cimarron.

We are an allergy awareness school. Please remind your student and take note of some of the following courtesies

- No food sharing or trading in the classroom or cafeteria during snack or lunch
- Keep hands to yourself at all times, but especially during meals and snacks
- We don’t allow foods/cakes/cupcakes for birthday celebrations in order to keep our students with food allergies safe. Students with birthdays are recognized on their special day in the classroom.

OTHER INFO

Please be sure to keep the Emergency Information updated in PowerSchool so we can reach you if your student is ill or injured

- It is advised to give medications at home whenever possible
- Update PowerSchool with any new health information or medications

- If you have not do so yet, please supply the clinic with an Epi-Pen or Inhaler if your student requires one by September 2, 2019

- If your student is prescribed an antibiotic that needs to be given during school hours, please be aware that a Consent for Prescription Medication at School needs to be completed and signed by the pediatrician before it can be given at school.

PRINCIPAL MESSAGE - EXPRESS YOURSELF

This year our focus is on providing your children with opportunities to express themselves through oral and written communication. As we all know, communication is pivotal in our lives. We have to communicate with friends, family, our employers and stakeholders. We are looking at providing your children more chances to share their thinking, ideas and reasoning in various ways throughout their days. When we look at our CMAS assessment day, our students have shown us that written communication is a area for growth across third through fifth grade. We know this can be linked back to our primary grades and providing our students time and opportunities to process through their thinking and share their questions, ideas and understandings in authentic ways.

I want to welcome you to our first School Accountability Committee meeting on September 12th from 8:00 to 9:00 to learn more about our CMAS results and how we are focusing on Expression of Thinking to support the growth of our students from kindergarten through fifth grade. We will also discuss our new district wide literacy assessment and our new 4th and 5th grade interim assessments. During that meeting, we will also share about Cherry Creek's new strategic plan, Future Forward.

On the evening of September 12th, we will also hold our first Partnership for Academically Successful Students, P.A.S.S. meeting of the year. During that meeting, we will look at school-wide assessment data, focusing on our goal around Expression of Thinking as well as examining the Future Forward plan. During this conversation and feedback from parents and family members, will isolate race and focus on how we can continue to improve our instructional and school-wide practices to provide an equitable experience for all students at Cimarron.

We hope that by now most of you have had your Family Connection Meetings with your child’s teacher. This new approach to the start of the year has been an excellent way for our teachers to learn more about your children. Please feel free to email or stop by and share any feedback you about the meetings!

Thank you for an awesome start to the year! We look forward to seeing everyone on Friday night from 6:00 - 8:00 pm as we celebrate the start of our 40th year serving the young people in our community!

Your Partners in Education,
Mandy Sheets and Megan Carkhuff

REMINDEERS AND INFORMATION

No Dogs on School Property
You puppy is cute and wants to go with you to pick up the kids...please keep the puppy off school grounds. Pets are not allowed on campus.

Watch Dog Dad’s Kickoff
Cimarron Elementary Sept. 11th
Time: 6:00 - 7:30 pm
Kids Welcome - Pizza Dinner
Please RSVP- 720-886-8106

No Parking in Preschool Lot
Please do not park in the preschool lot for any events during the school day.

No Vaping on School Grounds
We are a tobacco free space. Family members need to keep any vaping products in their car and not have them on school grounds.
Dear Cimarron Parents,

Please help us to collect data around our students' health and wellness as we implement **Safe Routes to School!** We plan to educate students and families about pedestrian and biking safety practices in order to ensure that all students are safe on their way to and from school. If you have a few moments, we'd love to hear from you! Please complete the following pre-survey for parents: [http://www.saferoutesdata.org/surveyformparent.cfm?key=5874475](http://www.saferoutesdata.org/surveyformparent.cfm?key=5874475)

Thank you for your time!

Sincerely,

Cimarron's Wellness Team

Mrs. Carkhuff, Mr. Ricker, Mrs. Carlson, Mr. Ford and Nurse Cara
As part of CCSD’s Safe Routes to School grant, we encourage you to consider the many benefits of safe, active transportation to and from school for you, your children and our community!

Students who walk, bike or roll to school
- Exhibit increased concentration on academics after getting physical activity
- Help reduce traffic congestion, pollution and stress during school drop off and pick up times
- Are more likely to get the recommended 60 minutes of daily moderate to vigorous physical activity
- Develop a better sense of direction and connection to their community
- Gain confidence and independence when old enough to travel alone or with friends
- Spend quality time with a parent or caregiver when accompanied by an adult

What can you do to support safe, active transportation to and from school?
- Teach children rules of the road, use crosswalks and practice safety at all times
- Always wear a helmet when biking, riding a scooter or skateboarding
- Organize a walking school bus where a group of students meet and walk together with adult supervision
- If you live far away, park a distance from school and walk the rest of the way
- Walk, bike or roll to school at least one day a week with your child or encourage them to go with friends
- Learn more by checking out the links below

For research summaries and more information visit
http://activelivingresearch.org/SRTSreview
http://www.pedbikeinfo.org/
http://activelivingresearch.org/ActiveEducationBrief
Parenting the Strong-Willed Child

A clinically proven six-week program for parents of 2-8 year olds. Designed to help you find positive and manageable solutions to your child’s difficult behaviors.

This program is a modified version of the Parenting the Noncompliant Child program and has earned the highest marks as a research-based program with proven effectiveness. Parents who have participated in this class report improved child behavior at home and school. Parent-child relationships become more positive.

What you will gain through this approach:

- Understanding strong-willed behavior problems
- How to use reinforcement to create a more positive home
- Specific skills such as ignoring, improving communication, and helping your child solve problems with peers
- Support with giving directions and developing more patience
- Effective use of time-outs and how to help build positive self-esteem in your child

About this opportunity:

- Based on more than 40 years of collective research
- Offers a step-wise approach to improving your relationship with your child
- Allows parents to focus on specific skills and practice them with support

COST:

$30.00 per family – includes a $10 workbook fee (Scholarships available for families who receive Free & Reduced Lunch – Call 720-554-4247 for more information.)

Additional costs of the program are subsidized by the CCSD Wellness Office.

Space is Limited!
Register Online at: cherrycreek.revtrak.net

QUESTIONS?
EMAIL: mshheehan4@cherrycreekschools.org
PHONE: 720-554-4247
Think: Kids

Rethinking Challenging Behavior Using Collaborative Problem Solving

A new parenting approach to prevent and solve behavior challenges

- Do you struggle with parenting a child who, in spite of his or her best intentions, seems to lack the ability to cope with frustration, perceived injustice or stress?
- Does your child’s emotional roller coaster leave you feeling drained and angry on a daily basis?
- Do you find that discipline strategies that work well for most kids only seem to make the problem worse for yours?
- Does your child get “stuck,” seemingly unable to move on or think about things in a flexible manner?

If so, then this class is for you!

What is Collaborative Problem Solving?
The guiding philosophy of this approach is “Children do well if they can.” The goal of Collaborative Problem Solving is to teach children and adolescents and adults how to work toward mutually satisfactory solutions to problems underlying difficult behavior. The approach is based on the belief that children’s difficult behavior is often the byproduct of a delay in the skills of flexibility, adaptability, and frustration tolerance. This research based approach emphasizes a proactive focus on solving and preventing problems before they occur instead of focusing on rewards, consequences or time-outs to manage children’s behaviors.

COST: $20 includes light snacks and class materials.
Full Scholarships available for families who receive free and reduced lunches.

SPACE IS LIMITED!
Register Now at cherrycreek.revtrak.net

QUESTIONS?
EMAIL: mshelcher4@cherrycreekschools.org
PHONE: 720-554-4247