

# Cherokee Trail High School

## Individual Career and Academic Plan (ICAP)

ICAP is a multi-year process that intentionally guides students in academic, career, and post-secondary exploration. Through our ICAP lessons, students will develop the awareness, knowledge, attitudes, and skills to create their own meaningful and powerful pathways to be career and college ready.



### ICAP 101: Introduction to skills awareness and academic goal

1. Students write an academic goal for high school.
2. Students begin to explore personality type and career options using Strengths Explorer, a career inventory on Naviance.

### ICAP 102: Career Pathway Discovery, part 1

1. Students revisit information discovered in ICAP 101 to begin their research into careers of interest.
2. Students select a CTHS Career Pathway Plan of Study based on careers of interest. These Plans of Study provide a pathway of courses at CT that match their corresponding career interest.
3. Students review registration process for 10th grade.

### ICAP 201: Career Pathway Discovery, part 2

1. Students review academic goal and CTHS Plan of Study selected in 9th grade.
2. Students continue personality and skills research using the "Do What you Are" survey on Naviance.
3. Students connect personality traits to a list of matching career choices.
5. Using the list of matching career choices, students begin to make connections to a variety of post-graduate options.
6. Students review registration process for 11th grade.



### ICAP 301: Researching post-secondary Pathways

1. Students review academic goal and selected CTHS Plan of Study.
2. Using Naviance, students research post-secondary options that best match selected career interests.
3. Students meet with their counselor to review selected career and post-secondary pathway.
4. Students select the appropriate post-secondary pathway based on individual career interest.
5. Students begin research on specific colleges and/or programs.
6. Students review registration process for 12th grade.



### ICAP 401: Implementing the ICAP

1. Students review academic goal and selected CTHS Plan of Study.
2. Using Naviance, students finalize list of possible colleges and/or programs that best fit selected career interests.
3. Students meet with their counselor to review post-secondary plan and begin implementation.
4. Students graduate with a completed Individual Career and Academic Plan (ICAP).



Students continue onto 4 year college/university, 2 year community college, military, Career & Technical Education programs, or world of work.