

Thunder Ridge Middle School Volleyball 2024



Dear Players and Parents-

- 8th and 7th grade girls' volleyball season begins Monday, March 25th
- 6th grade girls' volleyball season begins Wednesday, April 17th
- We feel the following policies are necessary to run an efficient and effective program.

ATTENDANCE

- Players must attend FIVE practices before they will be eligible to play in a game.
- After a missed practice, the player must have an excuse note from a parent or teacher.
- If a student is absent from school, parent should notify the coach that the player will miss the practice or game that day.
- Players with one unexcused practice may receive reduced playing time the next game.
- Players who are not playing in an away game will not travel on the bus with the team.
- If a player plans to miss practice on a regular basis, because of a prior commitment, please inform the coaching staff. This also can have an affect on playing time.
- Players must be dressed and ready to practice by 3:55 PM. **Players need to be in shorts, t-shirt, and appropriate court shoes (tied athletically) to be able to practice.**

PRACTICE TIMES

- Practice will be held from 3:50-4:40 PM, Monday through Thursday – **no practice Friday.**
- Late busses are available for those who ride a bus to school. The late bus leaves school at 4:50 PM.

GAMES

- For home games, the players will be allowed to leave when their game or games are over, most of the time this is after the late busses have left, so they will need transportation.
- Busses will be provided for away games. One bus will return to TRMS and players will need transportation immediately upon return or they can walk home.
- **Games will start approximately between 4:30-5:00 p.m. It depends on bus transportation.**
- **On game days, athletes are required to be in the gym by 3:50. Home game teams will meet in the big gym and away game teams will meet in the small gym.**
- Players are allowed to ride home from away games with a parent after checking out with a coach, but they need a note to ride home with another player's parent (or indicate on the google form).

INAPPROPRIATE BEHAVIOR

Any theft, fighting, vandalism, bullying or behavior, which discredits a player, teammates, or the school, is cause for dismissal from the team. Athletes, who are uncooperative with the coaching staff in practice, may be sent home. If this behavior continues, coaches/athletic director will communicate with parents and player may be subject to removal from the team.

ATHLETIC EMERGENCY CARD

As in any sport, an injury may occur in volleyball. However, we will take the necessary precautions to try to avoid any injury. No player will be allowed to practice or play unless the athletic emergency card is completed. (If this was completed from a previous sport this 23-24 year, your child is good to go!)

This is digital this year! QR code on reverse side.

FEES

A \$30.00 fee for 6th and 7th grade girls and a \$60.00 fee for 8th grade girls is required. Fees must be paid to the coach prior to the first game. Make checks out to TRMS. There will be no refunds of this money, unless there are extraordinary circumstances and the parents have contacted the athletic director. **Credit Card payment will be accepted online ONLY. Follow these directions!** Visit the Thunder Ridge website. Click on payments. Click on Middle Schools. Click on Thunder Ridge MS. Click on Athletics. Click on volleyball fee. Pay and please save a confirmation email/receipt just in case.

ORGANIZATION

There is a no-cut policy in middle school sports; every player who comes out will make a team. In **eighth** grade, there will be four teams, A, B, and two C teams. In **sixth** grade and **seventh** grade, players are split into three experienced (Red, Blue, Green) and three less experienced (Yellow, Orange, Purple) teams. Determining player positions and teams will be the coaches' decision based on the following factors:

- Demonstrated hustle, passing skills, serving, defensive skills, knowledge of assigned plays and their execution, team play, "coachability", and attitude.
- The best distribution of players to maintain team balance.
- Those things determined by the coaching staff to be best to help a player develop to her full potential.

UNIFORMS

JEWELRY IS NOT TO BE WORN DURING PRACTICE OR GAMES. The school will provide a game jersey to be worn only on game days. Each player is financially responsible for the practice jersey and uniform issued to them. If lost or damaged, the player will be charged a fee for replacement. Please wash the uniforms in cold water...air or line-dry the jerseys, NO DRYER.

Thank you for your cooperation and support. We are looking forward to a great season. Below is a copy of the schedule this year. We hope to see you at the games. If you have any questions or concerns, please contact us.

Thank you!

Kim Rutt

Head Eighth Grade Coach/Athletic Director

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Mariah Koogler- Coach

Nick Pesavento- Coach

Rachel Long

Head Sixth/Seventh Coach

rlong6@cherrycreekschools.org 720-886-1521

Lucy Juranek- Coach

Catherine Laplaca- Coach

GIRLS VOLLEYBALL

First Practice 7th & 8th grades - 3/25

Matches:

4/4 8th Home v Horizon; 7th Away @ Horizon
4/8 8th Away @ Liberty; 7th Home v Liberty
4/11 8th Home v Sky Vista; 7th Away @ Sky Vista
4/16 8th Away @ Infinity; 7th Home v Infinity
(4/16 Last Game for 7th Grade)

First Practice 6th grade - 4/17

Matches:

4/29 8th Away @ Sky Vista; 6th Home v Sky Vista
5/1 8th Away @ Horizon; 6th Home v Horizon
5/8 8th Home v Fox Ridge; 6th Away @ Fox Ridge
5/9 8th Home v Infinity; 6th Away @ Infinity

Attention Parent/Guardian:
Scan the QR code below to fill out this season's emergency card and parent/guardian contact information! Players will not be allowed to play in the first game if this is not filled out. **If your daughter filled this out for another sport this school year, please do NOT do it again.**

Thank you!

